



Tips for moving ahead in your career.

Ten tips to move forward in your career!

1) Make sure you visibly demonstrate the value add you create (don't expect people to just see it). See workoutloud.com

1. Be proactive in shifting upwards in the organisation (scope development and special project opportunities)...critical competencies to move forward: action orientation & perseverance

1. Always be learning: Aim to make use of free training. Proactively reach out to your learning department to find out what is on offer. Your organisation may provide access to industry wide certifications and more (consider peers as your competitors and outlearn and outperform them)

1. Consider shifting within the organisation every 2/3 years.

1. Get regular feedback (verbal) for a 360 perspective and act on it.

1. build competence in understanding others and being more effective in your communication (explore: [disc](#), social style or mbti)

1. Emotional intelligence, resilience and influencing skills are three key areas of development

1. Build weekly reflection into work: What went well, what did I learn, how can I be even better next week?

1. Remember in order to move your career forward you have to be mentally and physically healthy...find life balance and enjoy every day

1. A few reading ideas: 1) S Covey "7 Habits for Highly effective people" 2) T Gallwey "Inner Game of work" 3) Willson(S) "Play to win"

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